



MEDIA RELEASE

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National Volunteer Week – Volunteers Change our World

National Volunteer Week is an annual event that acknowledges and thanks the hard work of Volunteers in our community. In 2008, National Volunteer Week is 12-18 May 2008 and has the theme *Volunteers Change our World*.

Approximately 13% of the Rockingham population volunteers in some capacity (id.profile information) and many community based organisations and sporting groups would not survive without the contribution of volunteers.

Volunteer week is a chance to celebrate and recognise the tireless efforts of our volunteers!

“Many Council programs rely on the efforts of volunteers to operate and without their dedication and hard work, these programs would not be on offer to the community” says Rockingham Mayor Barry Sammels.

“On behalf of myself, Councillors and all staff at the City of Rockingham, I would like to thank not only the volunteers at the City of Rockingham, but also those volunteering with other organisations for their commitment to our community”.

Volunteering has many benefits, not only to the community, but also to the individual. This includes improving and maintaining social networks, maintaining and utilizing skills such as gardening and office skills and keeping yourself mentally healthy. Volunteering is just one way you can act, belong and commit in your community.

Council offers a range of volunteering opportunities across all divisions including Youth Services, City Safe and Community Services. If you would like to find out more about volunteering at the City of Rockingham, please contact the respective department or call the Rockingham Volunteer Resource Centre on 9591 2755 and they will be able to provide information on all positions that are currently available.